

## Bears By Your Side

**Bears By Your Side** is a 501(c)(3) non-profit organization based in Placerville, California, that gives handmade teddy bears to children in crisis.

- **Mission:** Provides comfort and emotional support to children experiencing trauma, emergency situations, or difficult family circumstances.
- **Origin:** Founded in 2013 by high school student Cruz Fregoso in El Dorado County, California.
- **Operations:** Uses 100% volunteer work to sew, sterilize, package, and distribute stuffed animals to local families, social workers, and first responders.
- **Support:** Relies on community donations, volunteers, and supplies like polar fleece.



To donate materials to **Bears By Your Side**, you can contribute specific supplies used to make and distribute the handmade teddy bears.

### Material Needs

- **Polar Fleece:** This is the primary fabric used for the bears. The organization prefers **solid colors or all-over prints**. It is most helpful when pre-cut into **1/3-yard sections**, which is just the right size for their Cricut machine.
- **Pre-made Bears:** You can also sew and assemble the bears yourself to donate directly

### Where and How to Donate

Please contact Judy Parker, Chairman, directly to coordinate your material donation or to obtain a kit to sew:

- **Email:** judyparker370@gmail.com
- **Phone:** (916) 425-2300

You can help by making bears to donate, by showing others how to make bears, and by donating funds to help cover materials and postage.



Please use the QR Code on the left to make donations  
or make checks payable to:

**California Eastern Star Foundation**

(Bears By Your Side on the memo line)

and mail to:

Grand Chapter of California, OES  
16960 Bastanchury Rd, Ste C  
Yorba Linda, CA 92886-1771